20 Polyolus

Technical Note

Guideline for successful siRNA transfection using INTERFERin™ reagent

+ Good siRNA Transfection Practices

- Use a siRNA against a housekeeping gene (GAPDH, cyclophylin B) as a positive control. Use a commercially available negative control (mismatch, non-targeting). Avoid fluorescent siRNA controls when working at low siRNA concentration since high siRNA concentration is required for detection (20-50 nM).
- Use high quality desalted siRNA and verify siRNA concentration and annealing.
- Passage cells at least twice after thawing to allow recovery before transfection, and use cells at low passage number (< 20 passages). Discard cells if they have become overconfluent. Regularly check for contaminants: yeast, bacteria and mycoplasma.
- Check transfection efficiency before purchasing a new batch of serum or trypsin.
- Store appropriately **INTERFERin™** (4°C, do not freeze) and the siRNA.

+ Know the target gene

- Design the siRNA sequence as efficiently as possible by using several algorithms. The better the siRNA, the lower the concentration needed for high silencing.
- Check the half-lives of the protein and of the mRNA of interest to determine the best time point of analysis, or analyze at 24, 48, 72 and 96 hours after transfection.
- Analyze gene silencing at both the mRNA and the protein level.

+ Transfection tips

- The day before transfection, seed the cells to obtain 30-50% confluency at the time of transfection. Perform transfection in regular growth medium containing serum and antibiotics.
- Prior to transfection, dilute the siRNA in Opti-MEM[®] first, and then add the INTERFERin[™] reagent.
- When using low siRNA concentrations, adapt the concentration of the siRNA stock solution allowing you to pipet accurate volumes. Proceed the same way for small volumes of INTERFERin[™]: dilute 1 to 5 in sterile water.
- Do not incubate the siRNA with INTERFERin™ for more than 30 minutes.

🕂 Tips to increase siRNA silencing

- Use higher siRNA concentration (10, 20 or even 50 nM) and higher volume of **INTERFERin™**.
- Perform transfection in half as much growth medium.
- Centrifuge the plate at 180 g for 5 min and replace medium after 4 hours.

🕂 Tips to increase cell viability

- Replace medium after 4 to 6 hours.
- Reduce the volume of INTERFERin™.
- Decrease siRNA concentration.

Transfection protocol in 24-well plates (per well and for 1 nM siRNA final)



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